Draft Leeds Children and Young People Oral Health Promotion Plan 2015-2019

Outcome: All children and young people have good oral health

Vision: Every child in Leeds and their parents and carers have access to effective oral health support and advice through a well-informed workforce delivering evidence based advice and interventions. Targeted interventions support parents and carers and children and young people to reduce oral health inequalities.

Headline Indicators: Mean number of teeth with dental caries and restoration rates in five and
twelve year olds; extraction rates.

Objectives	Priorities	Indicators
1. Children and young people (CYP), parents and carers are supported to care for oral health.	 Support the children and young people's health promoting workforce to work effectively with parents and CYP to improve oral health behaviours Provide a range of opportunities when parents and CYP will be informed about how to care for oral health Support childcare settings and schools to provide environments that promote good oral health Include oral health in the delivery of public health programmes and services for CYP and parents. 	 Number of staff in the wider children and young people's workforce attending evidence based oral health promotion training. Number of 'Brushing for Life' packs distributed. Number of children receiving a Health Visitor 7-9 month and 2 year check.
2. Children and young people's intake of sugar is reduced.	 5. Promote awareness of the impact of sugary drinks, snacks and medicines on oral health. 6. Support the work of the 'Childhood Obesity Management Board' to promote healthy eating. 	 Breastfeeding initiation and maintenance. Obesity levels in Reception and Year 6. Number of CYP who report lower intakes of sugar loaded drinks and snacks.
3. Every child's teeth are exposed to adequate amounts of fluoride.	 7. Promote toothbrushing schemes in nursery and primary schools to target inequalities. 8. Support the delivery of high quality oral health promotion in schools. 9. Increase the uptake of fluoride varnish application. 10. Raise the general awareness of water fluoridation. 	 7. Percentage of CYP receiving fluoride varnish application. 8. Percentage of CYP reporting good toothbrushing habits. 9. Number of schools and number of children taking part in toothbrushing schemes.
4. Children and young people access preventative services from their dentist.	11. Raise awareness about the importance of dental attendance.12. Support the delivery of preventative care by dental practices.	 Percentage of CYP attending a dentist. Percentage of CYP who report attending a dentist annually.